

THE AFFILIATE NEWSLETTER

HEALTH COUNSELING SERVICES

Nursing Consultation • Health Education • Psychotherapy

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January 2010



Happy New Year!

We extend our best wishes to all of our affiliates for a happy, healthy, & prosperous new year. Thanks to our **116 affiliates**, based on rosters and card orders, **5,993 people** learned the valuable life saving skills taught at AHA classes in 2009. Well done!



Instructor Training

Based on your requests, we offered more instructor classes in 2009 than ever before. This gave us all a wonderful opportunity for growth. Our next BLS initial instructor course is scheduled for:

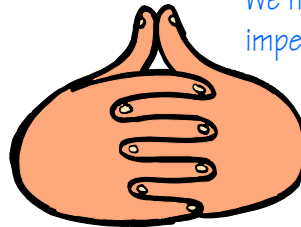
**Tuesday, April 20 &
Thursday, April 22, 2010.**

Both classes are required and run from **10am – 2pm**. If you know anyone who is interested in becoming an American Heart Association BLS instructor, please pass the enclosed brochure on to them.



New Guidelines

We have all waited patiently for any news of impending guideline changes (see plans for 2010). If our calculations are correct this information and timing will be perfect for our 2011 recert dates. Stay tuned...



Instructor Recert

Saturday, March 27, 2010

9am - 1pm

\$50

This is the only recertification course scheduled in 2010. If you are due to recert at any point in 2010, attend this course! In order to recertify you must have submitted at least four course rosters to us since your last certification period. If you have any questions, please do not hesitate to contact either Bonnie or Dave at (612) 436-0295.

We have been waiting with anticipation for the 2010 American Heart Association guidelines for CPR and ECC. The AHA has provided us with a preliminary time line for the release of the 2010 AHA guidelines for CPR and ECC training information and release of new training materials. Please consider this timeline as you order training materials.

October 2010

- * AHA will publish the official 2010 AHA guidelines for Cardiopulmonary Resuscitation & Emergency Cardiovascular Care. This document will first be published in the journal *Circulation*.
- * A "Guidelines Summary" publication will be published electronically and will be available on the AHA Instructor Network and/or the AHA website: americanheart.org/cpr

November - December 2010

- * Interim training information will be provided to our training center on how to integrate changes into the curriculum. We in turn will need to determine how we provide this information to our affiliates. We do anticipate that there will be changes in this timeline.

Farther out into 2011... the release of course materials

January - March 2011

- * AHA Handbook of Emergency Care for Health Care Providers
- * Family and Friends CPR program materials

March - April 2011

- * Basic Life Support for Health Care Providers (BLS) course materials

July - September 2011

- * Pediatric Advanced Life Support (PALS) course materials

October - December 2011

- * Pediatric Emergency Assessment, Recognition, and Stabilization (PEARS) course materials

It is important that we continue to provide courses and training materials during the update process and current course materials should be used until the new materials are released in 2011. AHA has advised us that we should plan for a slight increase in pricing for the new training materials.

- * HCS has a large supply of Heartsaver student manuals. If you are attempting to avoid a large order and need a few of these student workbooks, you can purchase them from us at a reasonable rate. Contact us for more details.



Welcome to our newest affiliates!



Tiffany Allbee



Rhea Igao



Erin Schaus



Stephanie Boesche



Laura Lindberg



Nicole Smith



Patrick Borowicz



Mickel Nelson



Andrea Staley



Nicole Emery



Melissa Paulson



Margot Witte